

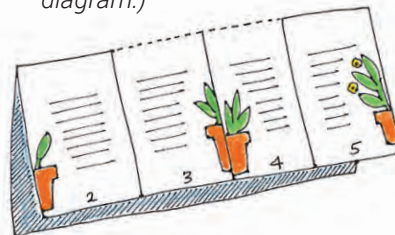
Together with Jesus Journal

Here's a little journal for you to assemble. Follow these diagrams and make sure your folds and page numbers match the pictures at every step! Ask Mom or Dad to help!

1. Turn to the center of this book and very carefully remove the centerfold, leaving it in one piece.



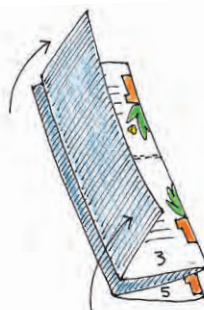
2. Fold the whole sheet down the center the long way, just like this. (Match the page numbers with the ones in the diagram.)



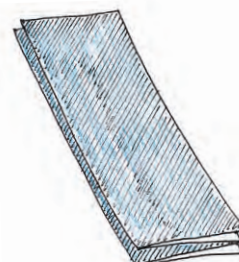
3. Now open the sheet flat and fold it in half this way. Cut on the dotted line, cutting through both layers. (Cut ONLY as far as the dotted line goes!)



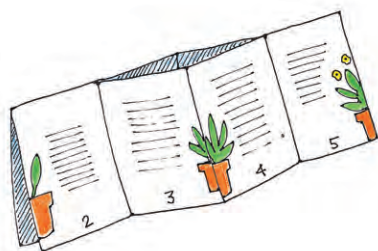
4. Fold each end toward the centerfold like this—so the sheet is in quarters. (Check the page numbers!)



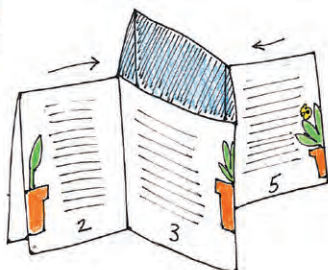
5. Crease the folds so it lies flat like this:



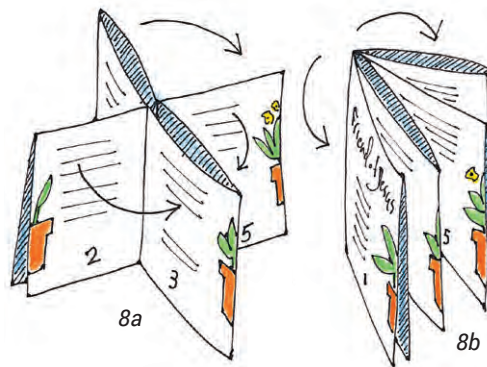
6. Open it up all the way and fold it again, as you did in #2.



7. Hold it on each side and start pushing toward the center, so that pages 3 and 4 start coming toward you and pages 7 and 8 are going away from you.



8. Push it far enough for the centers to meet, so it looks like a cross from the top (figure 8a). Fold the back section toward the right and the left section toward the front (figure 8b) until it becomes a little booklet. (This is the trickiest part!)



9. Crease all the folds and now it's a little booklet with the title, "Friend of Jesus" on the front. You did it!



Spend some time thinking about the questions in your new little journal. Write your thoughts or questions down. Maybe you'd like to talk about some of those things with your teacher, your pastor or your mom or dad. Talk to God, too!



As you answer the questions, think about the ways that Jesus is the perfect friend, and, of course, not only friend, but Lord and Savior, too!

A journal is a good place to discover things about yourself and a good way to answer the question, "Who am I?" As a Christian, one important "who" that you are is "a friend of Jesus." A journal is also a good place to think about the ways that you are growing into a better friend.

JOURNAL

Together with Jesus



He died for us so that we can live with him forever.
1 Thessalonians 5:10



When I think about Jesus' love for me, how he died on the cross for my sins, I want to say, "Thank you!" I could write a prayer or a poem or a song, or draw a picture...

Holy Week

Ash Wednesday

Who is someone that I want to be like? What is it about them that I admire?

So encourage each another to build each other up.
1 Thessalonians 5:11



The First Week in Lent

Who is someone that I can talk to and share my feelings with? Who is a good listener both when I'm happy and when I'm sad?

What do I need to do to be a good listener for someone else?

Let your light shine for all to see, so that they will praise your heavenly Father.
Matthew 5:16



Never give up. Eagerly follow the Holy Spirit and serve the Lord ... Take care of God's needy people and welcome strangers into your home. Romans 12:11, 13



The Fifth Week in Lent
Who are some people who need my help and what can I do for them?
In my family?
Among my friends?
In my neighborhood?
In other places in the world?

Happy are the people whose God is the Lord. Psalm 144:15



The Fourth Week in Lent
What are things that make me happy?
One especially happy time:
My favorite food:
My favorite song:
My favorite book:
My favorite TV program:
My favorite sport:
I'd like to hold the record for: _____

The Second Week in Lent

Where is my favorite quiet place?

Where is my favorite noisy place?

Peace I leave with you; my peace I give to you ... Do not let your hearts be troubled, and do not let them be afraid. John 14:27



The Third Week in Lent

Here are some words that describe me:

- cheerful
- helpful
- kind
- good listener
- loyal friend
- you can count on me
- generous
- _____

Here are some things that I'd like to change about myself:

- selfish
- bossy
- impatient
- grumpy
- lazy
- gossip
- _____

Since you have been chosen by God who has given you this new life ... you should practice compassion and kindness to others. Colossians 3:12



