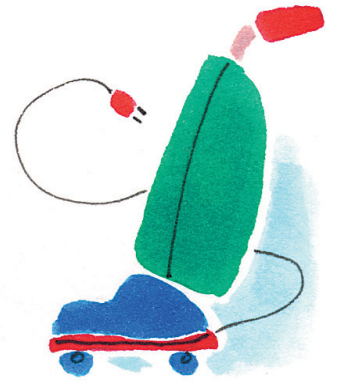


Hero Challenge On small pieces of paper write things that your family can do this week to be helpful or make your home sparkle. Write "Clean out a drawer" on at least 12 pieces of paper. Put them all in a basket and mix them up. Take turns drawing chores until all the slips are gone. Does anyone want to make a friendly trade? Everyone should have a couple of drawers to clean out. Plan a Family Cleaning Day or just let everyone do their chores whenever they have time during the week. By Saturday evening everything has to be completed. Have a parade through the house so people can show their clean drawers and rooms. Do you have an elderly neighbor or one who uses a wheelchair who needs some house or yard cleaning done, too?

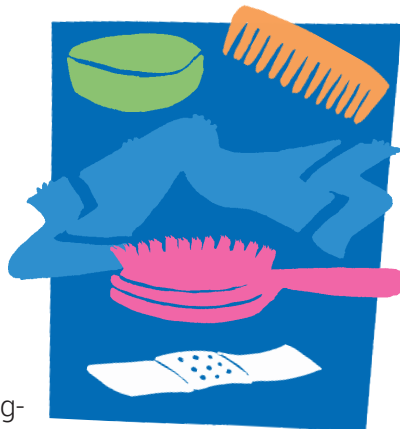


Health Kits

Here's a health kit for you to assemble for a child in need. See if you can find an organization that provides health kits for children. Is there a place in your town where children sometimes stay until a foster family is found for them? In some towns along the Mexican border Christian organizations take health kits to needy children in Mexico. Use the Internet or look in your local phone book under "Social Services." Maybe schools in your area would be interested in receiving these kits.

In a zip-lock plastic bag, pack the following:

- New toothbrush
- Toothpaste
- Band-aids
- Washcloth
- Brush
- Comb
- Bar of Soap
- Anything else you can think of—use your imagination!



Add a little note as a reminder of Jesus' love.

Baked Apples

Baked apples remind us of how sin came into the world when Adam and Eve disobeyed God. But God still loves us and gives us "Baked Apples"!

1. Scoop out the cores of small baking apples—one for each family member.
2. Peel the upper half of each apple.
3. Stand the apples upright in a baking dish.
4. Put 1 T. sugar, 1 t. butter and a sprinkle of cinnamon in the center of each apple.
5. Pour water 1/4 inch deep into the baking dish.
6. Bake uncovered in a 375-degree oven until tender, 30-40 minutes. (Or microwave—without water—6-8 minutes.)

